



Bond Community Center

Located at 1201 Park Avenue in Oconto, the Bond Community Center provides state-of-the-art quality health and recreation programs and services to the residents of Oconto and the neighboring communities.

Healthy lifestyle activities are geared for all ages and abilities in a refreshing, welcoming, and friendly environment. Indoor facilities include a four-lane pool, whirlpool, racquetball courts, aerobics studio, walking/running track, gymnasium, weight room, and cardiovascular room.

Programs offered include swimming lessons, group fitness classes, aqua aerobics, spinning, leagues, camps, conditioning programs, and much more. Also offered are a variety of programs for seniors. The Bond Community Center is an approved site for SilverSneakers. The outdoor complex includes basketball and tennis courts and a playground area. For more information on membership or daily fees, call (920) 834-5585, or visit the center's website at bondcommunitycenter.com.

Oconto Hospital Citizens' Foundation

Mission

We are citizen advocates dedicated to actively engaging with the communities we serve in supporting hospital services and ongoing growth through:

- Donations/Naming Opportunities
- Fundraising and Friendraising
- Events
- Positive Economic Impact
 - Utilizing local hospital services
 - Increasing local work force opportunities
 - Sustainability of the community

Your financial gift to support the Oconto Hospital & Medical Center is an investment in our community and the future. The citizens of Oconto and surrounding communities are partners in this community enterprise and are needed to support our partnership agreement with Bellin Health. The Oconto Hospital Citizens' Foundation has carefully considered and approved a \$1.5 million fundraising objective. Meeting this very critical and necessary goal provides resources for expanded health care services in Oconto County and throughout the region. Join us now in making your financial gift to the Oconto Hospital Citizens' Foundation in support of Oconto's hospital expansion. Your investment in this community treasure strengthens our local economy and provides additional jobs, making it a great place to live and work.

For more information or to make a gift, call (920) 834-5444.

We look forward to continuing to offer our current services and expanded services to meet community needs with this exciting project.

- Inpatient Care and Swing Bed Care
- 24/7 Emergency Room and Observation Care
- Urgent Care – Limited Hours Monday-Friday 6-10 pm, Saturday-Sunday and Holidays 9 am-10 pm
- IV Infusions
- Laboratory
- Imaging – X-Ray, Ultrasound, CT
- Free 24/7 Nurse help line: (920) 835-1105



Oconto Hospital & Medical Center

820 Arbutus Avenue, Oconto
(920) 835-1100 • ocontohospital.org

Bond Community Center

1201 Park Avenue, Oconto
(920) 834-5585 • bondcommunitycenter.com



Oconto Hospital
& Medical Center
bellinhealth

WELCOME TO THE

Oconto Hospital & Medical Center

New and Expanded Services

New Services

Outpatient Surgery

We are very excited to offer outpatient surgery and GI services within the expanded facility. You or your loved ones will not need to leave the area for these services. Bellin affiliated physicians will be providing surgery services locally including:

- Cardiology
- General Surgery
- Gynecological Surgery
- Urological Surgery
- Eye, Ear, Nose, and Throat Surgery
- Orthopedic Surgery
- GI Procedures
- Oncology

On-site Primary Care and Specialty Care Physicians

The Bellin clinic in Oconto will be relocating to the expanded facilities. Visiting specialists will have scheduled office hours to see you locally.

Family Medicine



Charles Heyka
MD



Amanda Westmoreland
PA-C

Pediatrics



Timm Missbach
MD

Dental Clinic

No one should have to struggle to find quality dental care. Your family deserves the best—regardless of the type of insurance you have. Our Dental Clinic is well staffed, offers extended hours, and we are here to provide you with the high quality care you deserve. Wisconsin Badger Care and Medical Assistance are welcome here and a sliding fee scale is available. No insurance? No problem. Northern Health Centers, Lakewood, is partnering with Oconto Hospital to bring dental services to the expanded facility.

Expanded Services

The majority of our existing services will be improving in both expanded facilities and services provided. We have provided over 30,000 patient visits within our existing services since opening in 2005 and here are some highlights of those services and expansion information:

CAT Scan and Calcium Scoring

Current 32 slice Toshiba unit is the largest CT north of Green Bay. It enables us to provide more diagnostic services locally. Upon expansion, we will upgrade our current unit to a 64 slice, further improving image capability and reducing radiation exposure.



Today we offer a new Heart Calcium Scoring screening test that can help reveal heart disease in its early stages, even years before you have a symptom. The test is fast, pain free, and safe. There are no needles or dyes. It's similar in many ways to receiving an X-ray. Yet the results can help save your life. Unlike other CT tests, our Heart Calcium Scoring even includes an assessment of disease in your lungs. Call (920) 433-7272 to schedule a screening.



Therapy and Rehabilitation

Oconto Hospital & Medical Center is committed to helping you get back in shape after an injury or surgery. At our expanded rehabilitation center, we offer outpatient services, including physical, occupational, and speech therapies. You can expect personalized, expert, and evidence-based care as we manage and treat your

orthopedic condition and facilitate your return to daily function. Our highly skilled physical and occupational therapy specialists are supported by a family practice physician team—all within the same facility. This seamless communication and dedicated teamwork ensures you get the most out of your rehabilitation program.

Swing Bed

The Swing Bed Program is a federally approved program for hospitals under 50 beds. It is designed to be short term and allows individuals to recover and gain strength as they transition from acute care to home.

Behavioral Health

Family health and medicine isn't just limited to you or your family's physical needs. Our center provides mental health services as well. It is staffed by two licensed clinical social workers affiliated with the Bellin Health Psychiatric Center, who are skilled at helping children, adolescents, and adults. Consultation is available to other specialists, and treatment is coordinated with your primary care doctor and/or psychiatrist with patient/guardian consent. Bellin Psychiatric Center also offers mental health services in Oconto Falls and Peshtigo.



Our Services Include

- Assessment
- Crisis Management
- Individual, Couples, and Family Therapy
- Employee Assistance Program Services
- AODA

Telemedicine

Traveling to Green Bay to see a specialist can be difficult if you are ill; if you have children, work, and school schedules to work around; or if weather and transportation are issues. Telemedicine is a service offered by Oconto Hospital & Medical Center that can help you overcome these challenges and allow you access to quality care.

Sleep Studies

Many of us have a hard time going to bed, and an even harder time getting out of it. At our Sleep Center, we work to find a cause of the problem and correct it. It's our goal to help you have less sleepless nights, so you can have better days.

Sleep apnea means without breath, and for almost 20 million Americans who suffer from sleep apnea, it's a serious health and even life-threatening problem because these men and women stop breathing in their sleep as much as hundreds of times a night, sometimes for as long as a minute or more. And nine out of 10 are undiagnosed.



If you want to take the next step in determining the cause of your sleep problems, consider Bellin Health Sleep Center's sleep apnea study that takes place in your home. We provide the equipment, the training, and the results. You get information that is priceless...absolutely **free**. Call (920) 433-7451 to make an appointment.