

# Sleep

## Conference



Thursday, November 4, 2010 | 7:30 am-4 pm | Lambeau Field Atrium

Sponsored by

**bellin**health

Healthcare Partner of  
The Green Bay Packers



# Program Agenda & Objectives

Overall objective is to develop an extensive understanding of various specialties and treatments within the field of sleep medicine.

<b>7:30-8 am</b>	Registration, Continental Breakfast, and Vendor Set Up	<b>11:30 am-12:30 pm</b>	The Pressure is On: Issues with Over Titration <i>-Wisconsin Sleep Society</i> <ol style="list-style-type: none"><li>1. Discuss the pros and cons of auto-titration.</li><li>2. Describe the various methods to in-lab titration.</li><li>3. Explain over titration and ramifications.</li></ol>
<b>8-8:10 am</b>	Welcome and Program Overview	<b>12:30-1:30 pm</b>	Lunch and Vendor Displays
<b>8:10-9:10 am</b>	How Sleep Relates to Young Children's School Performance <i>-Joseph A. Buckhalt, PhD</i> <ol style="list-style-type: none"><li>1. Share results of studies showing specific effects of poor sleep on school performance.</li><li>2. Describe how socioeconomic status (SES) and ethnicity moderate the effects of poor sleep.</li><li>3. Explore prevention and intervention models for poor sleep and school performance.</li></ol>	<b>1:30-2:30 pm</b>	Understanding the New Medicare PAP Policy <i>-Lisa Kanz, RRT</i> <ol style="list-style-type: none"><li>1. Describe the Medicare reimbursement rules changes that have occurred to the Local Coverage Decision (LCD) CPAP policy (now called "PAP" policy).</li><li>2. Explain the current reimbursement coverage requirements, including the required face-to-face evaluation the patient must have with the treating physician.</li><li>3. Identify the criteria by which a CPAP is covered by Medicare.</li></ol>
<b>9:10-10:10 am</b>	The Disconnect Between Sleep Needs and School Demands for Adolescents <i>-Amy R. Wolfson, PhD</i> <ol style="list-style-type: none"><li>1. Discuss sleep and circadian changes that occur during adolescence.</li><li>2. Describe the impact of inadequate sleep on teenagers' school performance and behavior.</li><li>3. Explore moderating and mediating factors such as environment and socioeconomic status.</li><li>4. Review the impact of delaying school start times.</li></ol>	<b>2:30-2:45 pm</b>	Break
<b>10:10-10:30 am</b>	Break and Vendor Displays	<b>2:45-3:45 pm</b>	Obstructive Sleep Apnea, Non-Surgical Dental Interventions <i>-Stephen A. Sevenich, DDS</i> <ol style="list-style-type: none"><li>1. Describe the role of the dentist in treating Obstructive Sleep Apnea (OSA).</li><li>2. Explain non-surgical treatment options for OSA.</li><li>3. Identify which age groups can be treated with non-surgical dental interventions.</li></ol>
<b>10:30-11:30 am</b>	Sleep in Aging and Dementia <i>-Steven Barczi, MD</i> <ol style="list-style-type: none"><li>1. Discuss age-related changes in sleep and common conditions that impair sleep in older people.</li><li>2. Describe sleep changes in dementia, possible mechanisms, and selected management approaches for this patient population.</li></ol>	<b>3:45-4 pm</b>	Closing and Evaluation

## Statement of Need

Chronic sleep loss and untreated sleep disorders have a profound and diverse impact on health, behavior, and quality of life. The health consequences of sleep disorders, sleep deprivation, and excessive daytime sleepiness annually affect 50 to 70 million Americans. In this CME and nursing contact hours activity, the presenters will examine the many facets of sleep disorders and offer clinicians strategies for enhancing recognition and treatment to improve patient outcomes.

# Registration



2010 Sleep Conference  
Thursday, November 4, 2010, 7:30 am-4 pm

Healthcare Partner of  
The Green Bay Packers



(please print)

Name: \_\_\_\_\_ MD, DO, RRT, RPSGT, REEGT, RN, Other (please specify): \_\_\_\_\_

Department & Position: \_\_\_\_\_

Health Care Facility/Type of Practice: \_\_\_\_\_

Business Address: \_\_\_\_\_

Business Phone: \_\_\_\_\_ Fee: Closes October 15

\$125 (before September 30)

E-mail Address: \_\_\_\_\_ \$150 (for all registrations received after September 30)

*Please return completed form with check payable to Bellin Health:*

Pete Weber, Bellin Sleep Center, P.O. Box 23400, Green Bay, WI 54305-3400  
or register online at [bellin.org/sleep](http://bellin.org/sleep)

## Disclosure

As a sponsor accredited by the Wisconsin Medical Society Council on Medical Education, and approved as a provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, Bellin Health must insure balance, independence, objectivity, and scientific rigor in all educational activities. Learners are advised that being approved as a provider does not imply endorsement by the approver (WNA CEAP) or ANCC of any commercial products displayed in conjunction with an activity. All individuals who are in a position to control the content of the educational activity are required to disclose all financial relationships he/she has with any commercial interest(s) that is relevant to the topic of the presentation. The intent of this disclosure is not to prevent speakers with significant financial or other relationships from making presentations. Rather, disclosure allows listeners to determine if the content is evidence-based and free from commercial bias, and it demonstrates how speakers will resolve conflict when it exists. A complete disclosure statement and acknowledgement of commercial support for this program will be included in the syllabus provided at the activity.

Steven Barczy, MD

Practices geriatric medicine and internal medicine in Madison, Wisconsin.

Joseph A. Buckhalt, PhD

Wayne T. Smith Distinguished Professor of Education at Auburn University.  
Licensed Psychologist and a nationally certified School Psychologist. Studies the relations of sleep to children's health, academic achievement, and emotional/behavioral adjustment.

Lisa Kanz, RRT

Team Leader, Bel Regional Home Medical, Inc.

Amy R. Wolfson, PhD

Professor of Psychology, Associate Dean for Faculty Development  
College of the Holy Cross, Worcester, Massachusetts.

Stephen A. Sevenich, DDS

General Dentistry, Green Bay, Wisconsin.

Wisconsin Sleep Society Panel Members:

Dave Arnold, RPSGT, R.EEG.T

Lori Fredrick, RPSGT

Sue Hoeffs, RRT, RPSGT

Michael Katzoff, MD

Mary Meyer, RRT

Mark Reinke, MD

Pete Weber, RRT, RPSGT

## Planning Committee

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#### Intended Audience

This conference is designed for physicians, sleep technicians, respiratory therapists, EEG technicians, nurses, and other allied health professionals.

#### Location

Legends Club, Lambeau Field Atrium  
1265 Lombardi Avenue, Green Bay, Wisconsin

#### Lodging

Rooms have been made available for conference participants at Hilton Garden Inn in close proximity to the conference location.

To make reservations:

**Hilton Garden Inn: 1015 Lombardi Avenue, Green Bay**

Call (920) 405-0400. Refer to group name "Sleep" when making reservations. Rate is \$89 per night for double occupancy. Registrations may be made up to the date of the conference depending on availability.

#### Registration Fee

Closes October 15

\$125 (before September 30)

\$150 (for all registrations received after September 30)

Advance registration is required and limited. Payment must be received prior to the day of the event - no payments will be accepted at the door. Registration closes October 15, 2010. Registration fee includes continental breakfast, refreshment breaks, lunch, and conference materials. No refunds will be given after that date. Confirmation will be sent. If the conference is full, notification will be sent. Visit [bellin.org](http://bellin.org) for more information.

#### CME Credit Designation

Bellin Health designates this educational activity for a maximum of 6.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

#### Accreditation

Bellin Health is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.

#### Contact Hours

Bellin Health is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

6.0 Contact Hours will be awarded.

Application has been made to the American Association of Sleep Technologists (AAST) and the American Association of Respiratory Care (AARC) to accredit this program.

#### ADA Compliance Statement

Bellin Health Systems complies with the Americans with Disabilities Act of 1990. If any conference participant is in need of reasonable accommodation, please call Pete Weber at (920) 433-3669 for consideration at least one week prior to the activity.

#### Financial Support

This course is supported in part by educational grants and exhibit fees from companies in accordance with ACCME Standards of Commercial Support. At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgment will be given to all supporters at the time of the conference.



# Sleep

Conference