

“Functional Client Programming & Functional Hip”

Lenny Parracino, CMT, FAFS (Fellow of Applied Functional Science) is a former author, hands-on instructor, and clinician for *The National Academy of Sports Medicine*. Currently he serves as a faculty member of the *Gray Institute* of Applied Functional Science. He has spent over 20 years serving the health industry as an international lecturer, soft-tissue therapist, and movement therapist. Lenny has performed over 200 lectures, has written educational materials and consulted/lectured for organizations such as: *The National Academy of Sports Medicine, Perform Better, PTontheNet.com, Cooper Clinic* in Dallas Texas, *Tennis Clubs of America University, IDEA World Health and Fitness Conference, 24 Hour Fitness,* and *Sports Club Company*, as well as other fitness, educational and medical facilities around the world. Lenny has earned his degree in Health Science, is a Fellow of Applied Functional Science, holds a California certification/license to practice soft tissue therapy and is a certified provider of the medically patented *Active Release Techniques* ®. As a full-time therapist, he integrates an eclectic approach of soft-tissue therapy and movement conditioning at *Kinetic Conditioning Institute* in Montrose, California.