

## Membership Rates

### One Time Initiation Fee

Your Initiation Fee includes the value-added service of a Personal Health Assessment. The assessment consists of a three-month customized program provided by your Personal Trainer that will meet your individual health and wellness goals. Based on your Assessment results, your trainer will guide you to the best course of action to improve your health. You can choose to pay for your initiation fee with one easy payment or have it automatically withdrawn over a three-month period.

primary member \$75      primary member + spouse \$150      additional family members **Free**  
(Any dependent Children ages 14-25 years old)

	Monthly	Yearly	Daily
Youth (under 19 yrs old)	\$18.00	\$216.00	\$5.00
Adult Individual	\$44.00	\$528.00	\$10.00
Family	\$61.00	\$732.00	
Senior Individual	\$39.00	\$468.00	
Senior Family	\$53.00	\$636.00	

Family memberships include any legally married couple and any dependent children 14-25 years old.

Senior rates apply to those 62 years old and up. Only one spouse needs to be 62 for the family rate to apply.

Scholarships are available to those who are not able to pay the full membership/program fee based on their demonstrated ability to pay.

### Payment Methods

- Direct Pay - 3 or 6 months or annually
- Automatic Withdrawal Monthly  
Deducted monthly from either a checking or savings account and can be canceled at any time by submitting a 30-Day Cancellation Notice.

## Personal Training

### One-on-One

*Members*      *Non-Members*

\$50/hr	1-4 sessions	\$60/hr	1-4 sessions
\$43/hr	5-15 sessions	\$55/hr	5-15 sessions
\$40/hr	16+ sessions	\$50/hr	16+ sessions

### One-on-Two

*Members*      *Non-Members*

\$35/hr	1-4 sessions	\$50/hr	1-4 sessions
\$32/hr	5-15 sessions	\$45/hr	5-15 sessions
\$30/hr	16+ sessions	\$40/hr	16+ sessions

## Child Care Rates

- \$2.00/hr and \$1.50 extra/hr for each additional child
- \$2.50/hr for infant care (6 weeks old to walking)

### Punch Cards Now Available

We've made paying for child care even easier! As an option, we are now offering punch cards for your convenience. You can purchase a \$30 punch card at the Fitness Center Welcome Desk, then each time you come in, the fee for your child care will be "punched."