

National Depression Screening Day



Have you or someone you know experienced feelings of hopelessness, overwhelming sadness, or an inability to concentrate? Have you noticed changes in eating and sleeping habits or loss of interest in activities once enjoyed?

Depression, if left untreated, can lead to disability or worse, suicide. Fortunately depression can be treated effectively with therapy and/or medication. Screenings provide awareness about depression and enables people who think they might have depression to seek necessary treatment.

As part of Mental Health Awareness Week, Bellin Psychiatric Center is offering FREE depression screenings on

————— **Thursday, October 8,** at —————

8 am - 12 noon - Bellin Psychiatric Center, 301 E. St. Joseph St., Green Bay

1-3 pm - Bellin Health Family Medical & Wellness Center, 3263 Eaton Rd., Green Bay

1-3 pm - Bellin Health Family Medical Center - De Pere West, 1800 Lawrence Dr., Green Bay

1-3 pm - Bond Community Center, 1201 Park Av., Oconto



To schedule a FREE 30-minute appointment with a licensed therapist,

— call —

888 758-7373



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bellin.org