

A CULTURE OF CONNECTION



Giving & Receiving Feedback

Watch the Video:

https://www.youtube.com/watch?v=8vTxN_fPX4A



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Need help or have questions about facilitating Civilitas? Please contact our team at civilitas@bellin.org

DISCUSSION QUESTIONS

1. What are your thoughts on the 5 rules of giving feedback? Give an example of when you used one of these and how it was received.
2. What do you think about not reacting emotionally when receiving feedback? Do you think it's possible? How can this improve your team?



Linda Golik, Health and Wellbeing Consultant

We welcome your feedback. Contact us with any questions, concerns or ideas.

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