Intended Audience
This conference is designed for physicians, sleep technicians, respiratory therapists, EEG technicians, nurses, and other allied health professionals.

Location
Lambeau Field Atrium
1265 Lombardi Avenue
Green Bay, WI

Lodging
Hotel Green Bay (Soon to be Spring Hill Suites)
1011 Tony Canadeo Run, Green Bay, WI
Tel (920) 569-8500
Fax (920) 569-8555
Rooms are being held under the Bellin block through the morning of October 20, 2013. Bellin rate - $99 per night. Refer to group name “Bellin Sleep Conference” when making reservations.

Registration Fee
Closes October 31
$125 (for registration received by September 30, 2013)
$150 (October 1-31, 2013)
$45  Bellin Health Employees (by mail-in registration only)
Advance registration is required and limited. Payment must be received prior to the day of the event – no payments will be accepted at the door. Registration closes October 31, 2013. Registration fee includes continental breakfast, refreshments, breaks, lunch, and conference materials. No refunds will be given after the conference. Confirmation will be sent. Visit bellin.org for more information.

CME Credit Designation
Bellin Health designated this education activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Accreditation
Bellin Health is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.
Application has been made to the American Association of Sleep Technologists (AAST) and the American Association of Respiratory Care (AARC) to accredit this program.

ADA Compliance Statement
Bellin Health Systems complies with the Americans with Disabilities Act of 1990. If any conference participant is in need of reasonable accommodation, please call Tina Helphrey at (920) 433-7451 for consideration at least one week prior to the activity.

Financial Support
This course is supported in part by exhibit fees from companies in accordance with ACCME Standards of Commercial Support. At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the conference.
Program Agenda & Objectives

Overall objective is to develop an extensive understanding of various specialties and treatments within the field of sleep medicine.

7:30-8 am Registration, Continental Breakfast, and Vendor Set-Up
8-8:10 am Welcome and Program Overview
8:10-9:10 am Sleep Disordered Breathing in the Hospitalized Patients -Iam Habib, MD, FCCP, FAASM
  1. Discuss the impact of SDB in hospitalized patients.
  2. Describe various approaches to diagnose and treat SDB in hospitalized patients.
9:10-10:10 am The Impact of Sleep, Fatigue, and Circadian Rhythms on Patients with Cancer -Sonia Ancol-Israel, PhD
  1. Explain the risks of poor sleep, fatigue, and circadian rhythms in cancer.
  2. Describe the benefits of bright light on sleep, fatigue, and circadian rhythms in cancer.
10:10-10:30 am Break and Vendor Displays
10:30-11:30 am Sleep Apnea and Brain Function -Ruth Benca, MD, PhD, FAASM
  1. Describe the cognitive and behavioral abnormalities associated with sleep apnea.
  2. Discuss possible mechanisms for brain dysfunction in apnea patients.
  3. Present data on brain abnormalities in sleep apnea patients from brain imaging and high density EEG data.
11:30 am-12:30 pm Parasomnias -David Plante, MD
  1. Delineate the symptoms and pathophysiology of REM and NREM parasomnias.
  2. Explain the principles of evaluation and treatment of parasomnias.
12:30-1:30 pm Lunch and Vendor Displays
1:30-2:30 pm OSA: Can You CDL? An Overview of Obstructive Sleep Apnea with a Focus on Commercial Drivers -Mark Risguedelki, DO
  1. Review the signs, symptoms, and pathophysiology of sleep-disordered breathing.
  2. Describe the risk factors and epidemiology of sleep apnea.
  3. Identify the problem of obstructive sleep apnea in commercial drivers.
  4. Review the US Department of Transportation's recommendations for the screening, diagnosis, and management of commercial drivers with obstructive sleep apnea.
2:30-3:30 pm Respiratory Care of the Patient with Neuromuscular Disease -Richard Potts, DO, FCCP, FAASM
  1. Recognize the pulmonary and sleep complications associated with progressive neuromuscular weakness.
  2. Recognize the benefits of noninvasive positive airway pressure therapy in patients with progressive neuromuscular weakness.
3:30-3:45 pm Closing and Evaluation

Statement of Need

Chronic sleep loss and untreated sleep disorders have a profound and diverse impact on health, behavior, and quality of life. The health consequences of sleep disorders, sleep deprivation, and excessive daytime sleepiness annually affect 50 to 70 million Americans. In this CME activity, the presenters will examine the many facets of sleep disorder and offer clinicians strategies for enhancing recognition and treatment to improve patient outcomes.

Disclosure

As a sponsor accredited by the Wisconsin Medical Society Council on Medical Education, and approved as a provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, Bellin Health must ensure balance, independence, objectivity, and scientific rigor in all educational activities. Learners are advised that being approved as a provider does not imply endorsement by the approval (WNA CEAP) or ANCC of any commercial products displayed in conjunction with an activity. All individuals who are in a position to control the content of the educational activity are required to disclose all financial relationships he/she has with any commercial interest(s) that is relevant to the topic of the presentation. The intent of this disclosure is not to prevent speakers with significant financial or other relationships from making presentations. Rather, disclosure allows learners to determine if the content is evidence-based and free from commercial bias, and it demonstrates how speakers will resolve conflict when it exists. A complete disclosure statement and acknowledgment of commercial support for this program will be included in the syllabus provided at the activity.

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Occupational Health
Medical Director & Review Officer
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Green Bay, WI

Registration

2013 Sleep Conference
Thursday, November 7, 2013, 7:30 am-4 pm

Name: ________________________________ MD, DO, RTT, RPSGT, REEGT, RN, Other (please specify): 
Department & Position: ________________________________
Health Care Facility/Type of Practice: ________________________________
Business Address: ________________________________ Fee: 
Business Phone: ________________________________ $125 (for registration received by September 30, 2013)
E-Mail Address: ________________________________ $150 (October 1-31, 2013)
(Required for confirmation and course link) $125

In an effort to go green, your registration fee includes access to course materials online, which will be available approximately one week prior to the conference. Additional information and instructions will be provided by e-mail, so please make sure to provide us your e-mail address.

Please return completed form with check payable to Bellin Health: 
Tina Helphrey, Bellin Sleep Center, PO Box 23400, Green Bay, WI 54305-3400 or register online at bellin.org/sleep.

Contact Information

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Isam Habib, MD, FCCP, FAASM
Madison, WI

Mark Risguedelki, DO
Green Bay, WI

Welcome and Program Overview

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Break and Vendor Displays
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- David Plante, MD
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