

BELLIN WOMEN'S HALF 2019 MARATHON•5K

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Bellin Women's Training Kickoff is June 17

Free event offers information, inspiration for event participants

GREEN BAY — The Bellin Women's Half Marathon & Pink Pumpkin 5K will welcome members of the public for a training kickoff event from **5:30-7:15 p.m. Monday, June 17** at the Green Bay Distillery, 835 Mike McCarthy Way, Ashwaubenon.

This free event is designed to build excitement and help women kick off their training for the fifth annual Bellin Women's Half Marathon and Two-Person Relay. A separate training program for the Bellin Women's Pink Pumpkin 5K will be announced at a later date, but 5K participants are more than welcome to join in the kickoff event fun. This year's Bellin Women's Events will be held **Saturday, Oct. 5**. [Free, twice-weekly training sessions](#) for the half marathon and half marathon relay event will begin **Wednesday, July 10**.

“Our training kickoff event provides great information and inspiration for past runners and new participants alike,” said race director Linda Maxwell. “There’s no better way to get pumped for the start of training and this year’s milestone fifth anniversary event.”

Doors will open at 5:30 p.m. for the kickoff event, with a salad buffet served beginning at 5:30 and the program starting at 6. Attendees will hear from Bellin Health running expert Nate Vandervest, who will talk about training; as well as keynote speaker Renita Robinson, CEO of the YWCA of Greater Green Bay. Robinson is a former star track athlete, social worker and teacher who has advocated for children, families and domestic violence victims in various

positions throughout her distinguished career. A Bellin Health physical therapist will be on hand to answer injury questions after the formal program concludes.

Dubbed “a race to empower women,” the fifth annual Bellin Women’s Half Marathon and second annual Pink Pumpkin 5K event will take place Saturday, Oct. 5, starting and ending in downtown Green Bay. The only event of its kind in Northeastern Wisconsin, the race seeks to celebrate and motivate female athletes of all levels and abilities. The focus also provides an opportunity to spotlight training and health issues specifically related to women. More information is available at www.bellinwomenshalf.com.

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