What is Palliative Care?
Bellin Health Palliative Care Team is a multidisciplinary team designed to provide relief from physical, psychological, emotional, and spiritual pain and to ease suffering for patients and their families. The aim is to affirm life and help guide decision making with an emphasis on life quality. Palliative care offers a support system to help patients and families cope with an illness, including assisting with financial and legal concerns.

Who provides Palliative Care?
The service employs the expertise of a multidisciplinary team, including:
- Palliative care physician
- Advanced practice nurse
- Registered nurses
- Social worker
- Chaplain
- Pharmacist
- Unity Hospice and Palliative Care

The Palliative Care Team will assist to:

- Provide COMFORT by:
  - Easing physical symptoms such as pain, nausea, shortness of breath, constipation, or fatigue. Symptoms may be the result of disease or side effects of treatment.
  - Exploring emotional suffering including anxiety, depression, fear, hopelessness.
  - Ensuring a comforting care environment.

- Facilitate COMMUNICATION
  - Coordinate family discussions and clarify information from multiple physicians.
  - Provide time to talk about concerns and support spiritual needs.
  - Support life closure and assist with financial concerns.

- Offer CONTROL
  - Address goals of care and help consider available options.
  - Support decisions regarding continuation of treatments.
  - Ensure continuity of palliative care focus during transition to home or the outpatient setting.

How to support the Palliative Care Team
The Bellin Health palliative care team is an integral part of Bellin’s mission to care for all people during their life journey. We are able to forward this mission through the generous financial support of individuals and community organizations. If you would like to make a gift in honor or in memory of a family member or friend please contact the Bellin Foundation - www.bellin.org/onlinegiving.
When faced with a serious illness, patients and family members may experience some of the following:

1. Pain or other symptoms that limit and impact quality of life.
2. Frequent hospital admissions.
3. Prolonged and difficult hospital stay.
4. Confusion about the treatment plan or having to face difficult treatment decisions.
5. Struggles with communication or anticipated care needs.

**Bellin Health’s Palliative Care Team Can Help.**

**Talk to your physician or nurse or call 435-8326**

(Your call will be answered by the Bellin Cancer Team staff)

**Palliative Care Service**

When a life-changing illness occurs, many things matter

**Comfort**

**Control**

**Communication**